

## Sepsis

### RFQs

Do you have a fever?

Has your thinking been clear?

Have other people been concerned about your behaviour?

How is your breathing? Are you breathing faster than usual?

How are your hands and feet? What about your skin colour?

### Provide

I can understand that that newspaper article made you anxious about sepsis. You seem pretty well today, but your throat does look pretty sore. You've already decided to take antibiotics for it. Normally, I'd expect that your symptoms should start to improve within a couple of days. If you can't swallow at all, or feel much worse, then we need to see you straight away, just in case you are developing an abscess next to your tonsil, this is also known as a quinsy.

Sepsis is really rare with this condition.

### Safety net:

Usually, if you are developing sepsis you will get some warning. If you are unwell; get your husband to keep an eye on you. If you are getting confused, or not behaving normally, or your resting speed of breathing is faster than 20 breaths per minute (change speed according to age in table below) let's get you assessed straight away, either here, or in

LOW RISK (but take any single abnormal sign seriously)	<1y	1-2y	3-4y	5y	6-7y	8-11y	≥12y
RR	<50	<40	<35	<24	<24	<22	<21
Pulse (Note: if under 12y, pulse <60 is a high risk criteria)	<150	<140	<130	<120	<110	<105	<91

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accident and emergency.

We would also need to see you straight away: if your hands and feet were really cold and your skin is mottled, or if you are passing urine less than twice a day.